



New Hampshire State Health Assessment and State Health Improvement Plan Advisory Council

April 1, 2022



Meeting Hygiene

- Be present
- Assume good intentions and take responsibility for impact (ouch and oops)
- Be able to express as much vulnerability as you are able to offer — It's ok to be raggedy
- Be open to another perspective
- Be ready to actively listen
- Expect and accept non-closure — we are a work in progress
- Honor Confidentiality
- Step Up/Step Back (3-4 voices before me)

Endowment for Health” Race & Equity in New Hampshire: Building Foundations for the Future.”

<http://www.endowmentforhealth.org/what-we-fund/advancing-health-equity-for-racial-ethnic-and-language-minorities/symposium-on-race-and-equity-in-nh>



SHA Vision and Clarifying Statements

All people in NH have equitable opportunity to flourish and achieve optimal mental, physical, social, spiritual, and emotional wellness.

- Equity is shaped at state and local levels such that individuals and communities have equitable access to opportunities
- Wellness happens where people live, learn, work, and play
- People include individuals and families across the lifespan



SHA Data Collection Domains and Subcategories

- Demographics
- Domain 1: Access to Opportunity
 - Subcategory: Education
 - Subcategory: Fiscal Health
 - Subcategory: Housing
- Domain 2: Community
 - Subcategory: Community Assets and Resources
 - Subcategory: Commuting Patterns
 - Subcategory: Crime
 - Subcategory: Environmental Health
 - Subcategory: Infrastructure
- Domain 3: Health Status and Outcomes
 - Subcategory: Access and Utilization
 - Subcategory: Birth Outcomes
 - Subcategory: Cost of Care
 - Subcategory: Health Outcomes
 - Subcategory: Healthy Living
 - Subcategory: Vaccination Rates
- Domain 4: Social Connectedness
 - Subcategory: Age Friendly Community
 - Subcategory: Civic Engagement
 - Subcategory: Spirituality

Demographics

The Demographics section of the SHA provides an overall description of the state in terms of its geography, its population, and what makes it unique considering both of those dimensions. This summary highlights the ways that uniqueness benefits the state and the challenges that result from it.

Includes: Geography; Population Distribution; Age; Race and Ethnicity; Foreign Born Population; Language; Sex; Gender Identity, Gender Expression, and Sexual Orientation; Disability Status; Veteran Status; Household Composition

Access to Opportunity

The Access to Opportunity section of the SHA describes some of the key factors that enable the achievement of optimal mental, physical, social, spiritual, and emotional wellness. Many of these factors are referred to as the “Social Determinants of Health.” This section summarizes how these factors vary across the state.

Includes: Education, Computer and Internet Access, Income, Employment, Poverty, Food Insecurity, Housing

Community

The Community section of the SHA describes characteristics of the communities in which the people of New Hampshire live, learn, work, and play. This includes the infrastructure and assets, as well as how people interact and feel about resources in their communities.

Includes: Physical infrastructure, social service infrastructure, safety, environment, and transportation.

Health Status and Outcomes

The Health Status and Outcomes section of the SHA describes the physical and mental health, as well as the healthcare experience, for the people of New Hampshire.

Includes: Access and utilization, birth outcomes, cost of care, health outcomes, healthy living, vaccination rates

A large orange circle graphic on the left side of the slide.

Social Connectedness

The Social Connectedness section of the SHA describes how involved people are and how they feel about their inclusion in communities.

Includes: Resilience, civic engagement, inclusiveness



Public Comment